

Hawaii Parent Training & Information Workshop Training  
Learning Disabilities Association of Hawaii

**LAW RELATED**

- 1. IDEA 2004 & Chapter 60:** Individuals with Disabilities Education Improvement Act of 2004 and Chapter 60 ensure that all children with disabilities have available to them a free appropriate public education (FAPE) that emphasizes special education and related services designed to meet their unique needs and prepare them for further education, employment and independent living. Participants will learn the fundamentals of IDEA law, recent changes to IDEA, its affects on Hawai`i's Administrative Rules (Chapter 60), and how such changes affect children with disabilities. Participants will receive their own copy of Hawaii Administrative Rules, Chapter 60, and will learn how to find citations, address their concerns and demonstrate an understanding of this tool.
- 2. Section 504 of the Rehabilitation Act of 1974 as Amended (Chapter 61):** The federal law known as the Rehabilitation Act of 1973 (Section 504) prohibits discrimination based on disability in many areas including public education. The Hawai`i Department of Education administrative rules (Title 8, Chapter 53) implement Section 504 and assure a free appropriate public education (FAPE) to eligible students with disabilities. Participants will learn the differences and similarities between Section 504 and IDEA and how these sections could affect their children.
- 3. Rules Regarding Discipline (Chapter 19):** The State of Hawai`i administrative rules regarding Student Misconduct and Discipline are cross-referenced with the administrative rules for provision of a free appropriate public education for students with disabilities (Chapter 60). This training focuses on the discipline procedures through the use of a workbook, provides information on parent rights and responsibilities, defines the "ten day" rule, manifestation determination, functional behavioral assessment, and special situations regarding discipline.
- 4. Understanding the Evaluation Process:** This interactive workshop allows participants to familiarize themselves with the Evaluation Process under IDEA 2004. Participants will learn how to understand, utilize specific reports and become a part of determining eligibility for their child.
- 5. Developing My Child's IEP:** Eligibility has been determined under IDEA 2004 and the process to develop the Individualized Education Program (IEP) has begun; participants will understand the steps to this process from beginning to end and, how a child with a disability will benefit from his or her IEP.
- 6. Chapter 60 and Chapter 61; A Comparison:** Participants will understand similarities and differences between Chapter 60 and Chapter 61 and how to make informed decisions when eligibility under IDEA is not met. This interactive workshop will allow participants to view Hawaii Administrative Rules, Chapter 60 and Hawaii Administrative Rules, Chapter 61 in its entirety and navigate through topics of interest.

7. **Guardianship-Transfer of Rights:** This workshop provides current information to participants about post secondary options available to their child with a disability. In Hawaii, the age of majority is 18 years of age. Participants gain an awareness of what that means and how to make educational decisions for a child with a disability who is unable to do so and is nearing age of majority.
8. **Small Group Sessions:** Small group trainings individually designed to assist parents and family members of children with disabilities from birth up to age 20 years to prepare for an upcoming meeting. A plan of action is discussed and developed addressing their primary concerns and issues. A Secondary gain is the networking and support parents receive from other families. Participants will agree to follow LDAH's policy regarding confidentiality.
9. **Parents as Collaborative Leaders, IEP Clinic;** Parents will learn to be a part of a collaborative leadership partnership with their child's IEP Team, through building their leadership style to using it to advocate for their child with a disability. This interactive workshop allows parents to identify their strengths and build communicative tools to improve their participation in the IEP process.

## **DISABILITY RELATED**

1. **Learning Disability, 101 (LD):** This interactive workshop raises awareness for participants to understand facts about storing information and processing information for individuals suspected of a learning disabilities. Samples of auditory processing, visual perception and memory activities provided to help the participant know what to look for and how to support them.
2. **Attention Deficit Hyperactivity Disorder (ADHD):** Participants become familiar with AD/HD, including: the facts, characteristics of AD/HD, how a diagnosis is made, treatment options, and educational interventions. Inattention, hyperactivity are key factors to know when you are supporting a person in a classroom or at home with this disorder.
3. **Autism Spectrum Disorder:** Participants become familiar with Autism Spectrum Disorder, including: the facts, characteristics of Autism Spectrum Disorder, how a diagnosis is made, treatment options, and educational interventions.
4. **Fetal Alcohol Spectrum Disorder:** Participants will be introduced to what this disorder is all about. This workshop takes participants through the symptoms, causes, diagnosis, prevention and school intervention of Fetal Alcohol Spectrum Disorders. Early identification and intervention is necessary, as well as, knowing how alcohol can affect those children identified at what developmental stages.
5. **Challenging Behavior and Early Learning: Social Emotional Competence for ages 3 to 5:** This presentation takes participants through a model framework describing four interrelated levels of practice that address the social and emotional development of children. The Teaching Pyramid represents a hierarchy of strategies that help provide a

warm and responsive environment in which parents and teachers work to build positive relationships with children. This workshop can help prevent many problem behaviors and provide the foundation for the success of parents, teachers, and children. \*All age groups will benefit from this presentation. The information presented is not exclusive to 3-5 year olds.

## **RESOURCE AND INFORMATION RELATED**

- 1. Post-Secondary Transition Planning:** Whether it's going to college, getting a job, or learning the skills necessary to live independently, post-secondary transition will help students with special needs plan for life after high school. Parents and students will learn about post-secondary transition requirements according to IDEA and Chapter 60, gather specific information and identify supports and steps to plan for their future. LDAH will provide a Transition Workbook to help students with special needs through this important process.
- 2. Including Samuel:** Film and discussion materials based on the film, "Including Samuel," created by Dan Habib. This film provides real life scenarios about inclusion and its benefits, or detriments. This training will help participants understand the importance and benefits of creating the least restrictive educational environment for children.
- 3. All About Inclusion:** Promoting inclusion within our school system, taken from training material associated with "Including Samuel. Discussion and training about what is working and what is needed to promote inclusion in Hawaii's classrooms.
- 4. Tips & Tools for Inclusion:** Participants learn the basics of Inclusion and what constitutes an inclusive educational environment. (Derived from materials associated with "Including Samuel" training.)
- 5. Self-Care for the Caregiver:** Parent Support Groups provide facilitated peer support for parents and community members covering a wide range of disability types and environments.
- 6. Early Childhood Development and Health:** What are typical childhood milestones? Participants will learn about areas related to a child's physical, emotional, social and language growth. They will gain understanding about how to prepare a young learner to be school ready and enjoy a successful entry into kindergarten.
- 7. Transitions – EI to DOE:** Transition from Department of Health Early Intervention services to the very different Department of Education services can be difficult for families. What should families expect? Why does it have to change? Participants will learn to be part of the master plan and help their children experience a smooth transition. This workshop will help parents be informed, knowledgeable and an effective part of "The Team."

- 8. Letter Writing; How and What Do I say?:** Participants will receive effective letter writing approaches to use when raising a concern, requesting information, request an action, provide information, decline a request and expressing appreciation. How to begin a letter, writing simple clear and concise letters, who and what is their position, and what to do when there is no response.
- 9. Is Your Child a Target of Bullying:** Bullying tends to target children who are considered “different.” It may be their appearance, the way they communicate, or the manner in which they behave. These children are emotionally vulnerable, self-conscious about differences, socially isolated and unprepared to respond in an effective manner. Participants will be knowledgeable on defining the behavior, children who bully, children who are targets, types of bullying, recognizing a child who may be a target, recognizing the reaction, deciding appropriate strategies and much more.

### **(FAST)-NATIONAL FAMILY ADVOCACY AND SUPPORTS TRAININGS**

- 1. Getting and Keeping the First Job:** This workshop provides information related to transition from high school into employment. Participants will learn about employment, accommodations, disclosure, interviews, employer’s perspective and the student being aware of their disability. Many students are sitting at home waiting for jobs to find them or they are not willing to disclose their disability. Participants will become more knowledgeable on how they can support career-planning, building a resume, self-awareness and how families can help.
- 2. The Journey to Adulthood; What Parents Need to Know:** Workshop participants will be able to learn about expectations of puberty and adolescence in students with disabilities. This workshop will discuss areas of concern for parents and professionals related to behavior of girls and boys when they reach puberty. The concept of private verses public is essential for students to grasp as they discover changes in their body occurring.
- 3. Skills for Effective Parent Advocacy:** Participants discover how to be effective advocates by speaking up for themselves and using the six principles of effectiveness: understanding their child’s disability, know the key players, know your rights and responsibilities, be well organized, use clear and effective communication and how to resolve disagreements. Participants will gain tips and tools to show respect and expect it from others, manage emotions, ask questions, rephrase for clarification and say thank you.
- 4. Working for Change; Using the Power of a Personal Story:** This interactive workshop will have participants thinking about and writing their personal story. Participants will learn how to use their personal story to make positive changes by knowing terms to affect systems, knowing their elected officials, knowing who people are in their District and State level Department of Education and how to be effective.